

Deerfield Swim Lessons at Tri-Town Beach 2017

2017 is upon us and it is time to start thinking about swim lessons. This year we will be offering six one-week sessions, beginning on June 26th, 2017 at 10:00am. Lessons will be offered throughout the day, every half hour. We offer swim lessons similar to the Red Cross and the instructors have been teaching for several years. There will be four sessions offered. Stop by the beach and talk with the instructors. **Jennifer Yankowski**, and **Josie Connor** Classes will be offered at the following times: Monday through Fridays-all lesson subject to change due to requests by individuals. **We do NOT do sign-ups in advance. Please come the day you would like to start with your paperwork.**

Lessons subject to cancelation due to weather and beach closing.

10:00-10:30 Levels 4, 5 Available	1:00-1:30 Reserved for RVDC
10:30-11:00 Levels 2, 3 Available	1:30-2:00 Levels 1, 2, 3 Available
11:00-11:30 Levels 3, 4, Available	2:00-2:30 Levels 5, 6 Available
11:30-12:00 Levels 1, 2, 3 Available	2:30-3:00 Levels 1, 2, 3 Available
12:00-12:30 NO LESSONS by request only	3:00-3:30 Levels 4, 5, 6 Available
12:30-1:00 Fitness swim & parent child class	3:30-4:00 Levels 3, 4, 5 Available

All families interested in swim lessons for more than one session will need to sign up for the second session when it begins. Thank you in advance for you interest in Deerfield Swim Program. We will register your child the first day of the lesson.

Any questions please call Jay at 413-522-1512 and leave a message with your number!!

Name of Participant _____ Age _____ Session: _____

Address _____ Town _____ Level: _____

Phone Number _____ Time: _____

Emergency Contact & Number _____

Allergies _____

CHECK# _____

Parent/Guardian Name: _____

SESSION DATES

Week #1 July 3- July 7
NO LESSONS JULY 4
NO LESSONS July 10-July 14
Week #2 July 17-July 21
Week #3 July 24-July 28
Week #4 July 31- August 4
Week #5 August 7-11
Week #6 August 14-18

Swim lessons are offered in 1 week

- Level 1 Introduction to Water Skills (someone who is not sure about water)
- Level 2 Fundamental Aquatic Skills (begin learning strokes)
- Level 3 Stroke Development (begin working on developing proper strokes)
- Level 4 Stroke Improvement (working on improving strokes longer distances)
- Level 5 Stroke Refinement(working on perfecting stroke, diving, long distance)
- Level 6 Fitness Swimmer (500 yard swim, distance swimming to keep in shape)

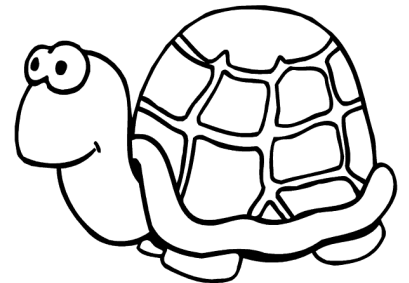
Come and enjoy the clean facility close to home. There are restrooms available, pavilion with tables, and plenty of beach front, kayaks are available.

*****SWIM LESSONS are only OFFERED to BEACH PASS HOLDERS.*****

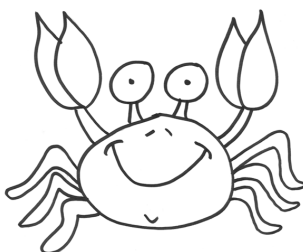
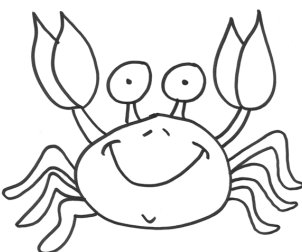
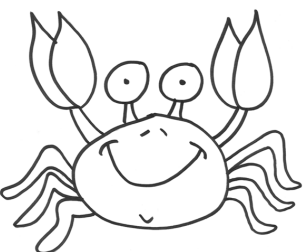
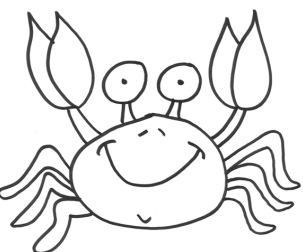
**You MUST have a beach pass in order to participate in
 The Deerfield Swim Lesson Program.**

For Swim Lessons make check payable to: **Town of Deerfield**

For Beach Pass make check payable to: **Tri-Town Beach District**



	Deerfield residents:	Whatley Residents:	Sunderland residents:	Conway/Hatfield Residents:
Season Beach Pass costs:	35.00	35.00	50.00	50.00

Swim					Lesson
Cost:					